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School of Optometry Chaplaincy Office

Psalm 33.18: "Behold, the eye of the LORD is upon them that fear him,
upon them that hope in his mercy."

All -Seeing Eye



current topics >>>

Lailat al Miraj (March 11)

Lailat al Miraj celebrates the Prophet Muhammad's nighttime journey from Mecca to Jerusalem, where he then ascended to heaven. While sleeping in the Ka'bah, the sacred shrine of Mecca, Muhammad was visited by the archangels Jibril and Mikal. The archangels purified his soul and filled him with wisdom. He was transported from Mecca on the back of the winged Buraq to Jerusalem, where he ascended to heaven, met the previous prophets on the different levels of heaven and eventually met God. He was then instructed on the importance of reciting salat (prayer) five times a day.

This is a very important and sacred day in the history of Islam.

QUOTE OF THE MONTH

Same old song, just a drop of water in an endless sea.
All we do, crumbles to the ground though we refuse to see,
dust in the wind, all we are is dust in the wind



...if necessary, use words

*The people formed for myself that they may proclaim my praise.
(Isaiah 43.21)*

Eucharist means "thanksgiving". We belong to an eucharistic community where we give thanks to God for all his blessings.

He loves us freely and unconditionally. If we give Him thanks then the next logical step would be to share this with others. Faith is not a private matter. Our beliefs and values are seen in our actions.

Preach the gospel at all times and if necessary, use words.

Christians often attribute this statement to St. Francis of Assisi, Italian Catholic friar. It usually refers to the idea that, when witnessing to others, we don't have to actually speak out the message of the gospel verbally. Instead, we can simply go about living our life in the best way possible so as to allow our light to shine before others.

During this Lenten season, spread the Good News of thanksgiving and love...and, if necessary, use words!

St. Patrick's Breastplate

I arise today
Through the strength of
heaven;
Light of the sun,
Splendor of fire,
Swiftness of wind,
Depth of the sea,
Stability of earth,
Firmness of rock.

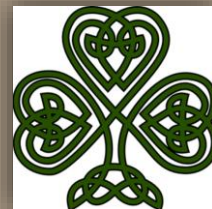
I arise today
Through God's strength to
pilot me;
God's might to uphold me,
God's wisdom to guide me,
God's hand to guard me.

Afar and anear,
Alone or in a multitude.

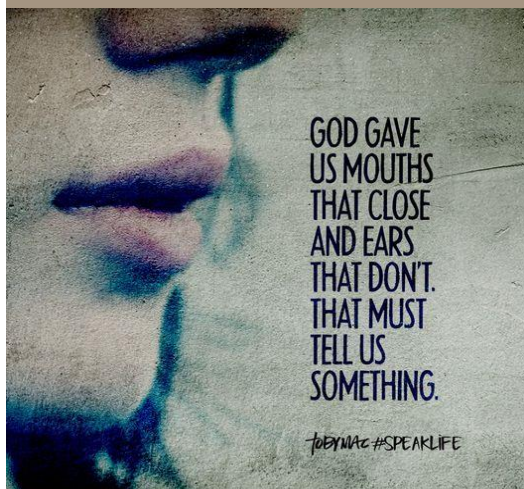
Christ shield me today
Against wounding;

Christ with me,
Christ before me,
Christ behind me,
Christ on my right,
Christ on my left,
Christ beneath me,
Christ above me,
Christ in me.

I arise today
Through the mighty strength
Of the Lord of Creation.



March 17 –
St. Patrick's Day



Yom HaShoah Prayer (Holocaust Remembrance Day, April 8)

Lord, remember not only the men of good will, but also those of ill will. But do not remember all the suffering they have inflicted upon us. Remember rather the fruits we have brought, thanks to this suffering: our comradeship, our loyalty, our humility, the courage, the generosity, the greatness of heart that has grown out of this. And when they come to judgment, let all the fruits we have borne be their forgiveness.

“
One of the common pitfalls of faith is seeing Jesus through simple interpretations that fit our own understandings. Was he a humble pacifist or a passionate reformer? The answer is, “Both.”

Upper Room Books
The Upper Room Disciplines 2021: A Book of Daily Devotions

#kindlequotes





INTER AMERICAN UNIVERSITY
SCHOOL OF OPTOMETRY

GREETINGS AND BLESSINGS
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Open heart, open mind, open doors

