

- National Bible month
- Prayer for the Bible
- Thich Nhat Hanh's quotes



School of Optometry Chaplaincy Office

Psalm 33.18: "Behold, the eye of the LORD is upon them that fear him, upon them that hope in his mercy."

All-Seeing Eye



National Bible month (September) –some quotes

England has two books, the Bible and Shakespeare. England made Shakespeare, but the Bible made England. –Victor Hugo

The Bible is alive, it speaks to me; it has feet, it runs after me; it has hands, it lays hold of me. –Martin Luther

The Bible is an inexhaustible fountain of all truths. The existence of the Bible is the greatest blessing which humanity ever experienced. –Immanuel Kant

I have tested the promises of the Bible, and believe me, you can count on them. –Corrie Ten Boom

Unless we form the habit of going to the Bible in bright moments as well as in trouble, we cannot fully respond to its consolations because we lack equilibrium between light and darkness. –Hellen Keller



Prayer for the Bible

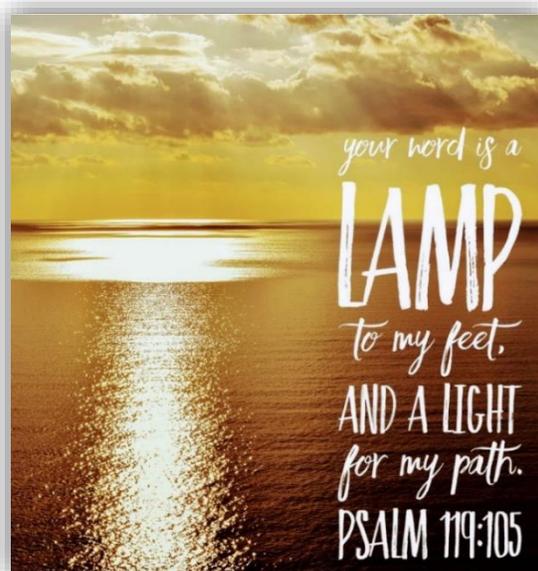
O God, we thank you for the sacred scriptures; for the comfort the Bible has brought to the sorrowful, for guidance offered to the bewildered, for its gracious promises to the uncertain, for its strength given to the weak, and for its progressive revelation of yourself.

We thank you for the people of God who speak to us still from its pages, and for the messengers of God whose learning has made those pages live. We thank you most of all that it reveals to us your Son, the Word made flesh.

That your Word may be indeed a lamp to our feet and a light to our path.

In your most Holy Name we pray. Amen.

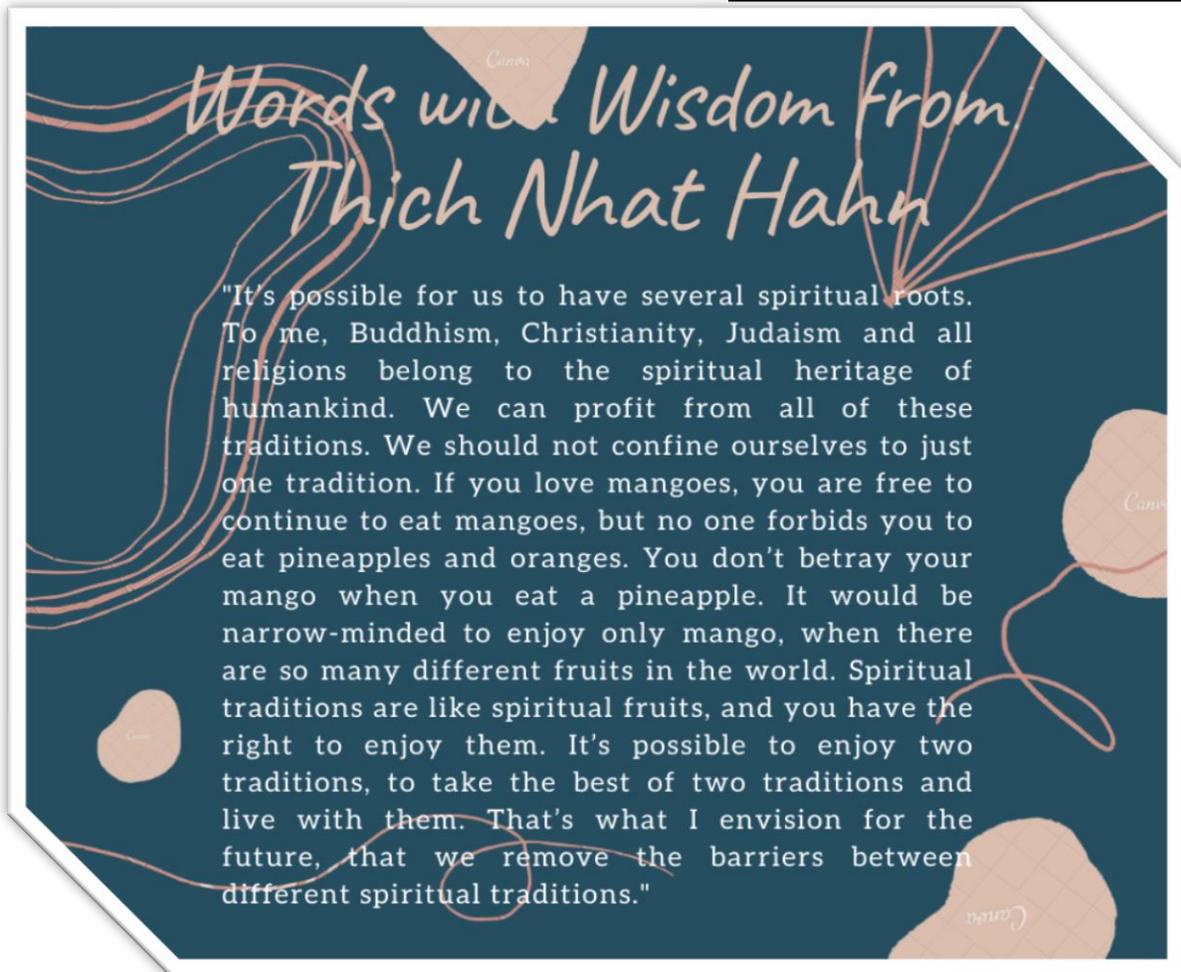
*Rev. Dr. Julio R. Vargas Vidal
Director of Chaplaincy Office*



Dr. Martin Luther King, Jr. called Thich Nhat Hanh “an apostle of peace and nonviolence” when he nominated him for the Nobel Peace Prize in 1967



Thich Nhat Hanh, Vietnamese Thiền Buddhist monk, peace activist, and founder of the Plum Village Tradition.



“In true dialogue, both sides are willing to change”

This quote from Thich Nhat Hanh reveals that a key component in Buddhism is attachment. The Buddha taught us that it is our attachments that cause our suffering. We are attached to our beliefs and the way we think life should be lived.

The Breath Prayer

Written by Sheridan Voysey

Lord God, fill me with your Holy Spirit

I receive your *love* & release my *insecurity*

I receive your *joy* & release my *unhappiness*

I receive your *peace* & release my *anxiety*

I receive your *patience* & release my *impulsiveness*

I receive your *kindness* & release my *indifference*

I receive your *goodness* & release my *ungodliness*

I receive your *faithfulness* & release my *disloyalty*

I receive your *gentleness* & release my *severity*

I receive your *self-control* & release my *self-indulgence*

Artwork by @jodiew888

FOLLOW US!



Contact Information:

Rev. Dr. Julio R. Vargas Vidal:.

Director of Chaplaincy Office

Inter American University of Puerto Rico

School of Optometry

787-765-1915 ext. 1013;

jvargas@opto.inter.edu



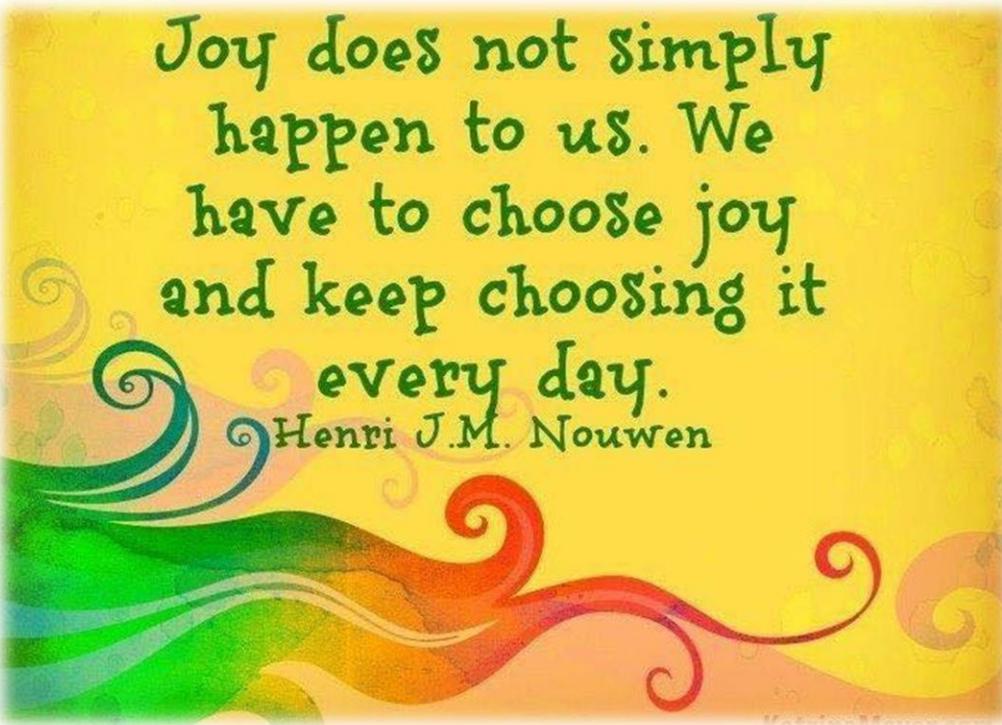
El Aposento Alto / The Upper Room (September - October) devotionals are available in the Chapel and in the Center for Access to Information.



**International
Day of Peace
Sept. 21, 2021**

Joy does not simply
happen to us. We
have to choose joy
and keep choosing it
every day.

Henri J.M. Nouwen

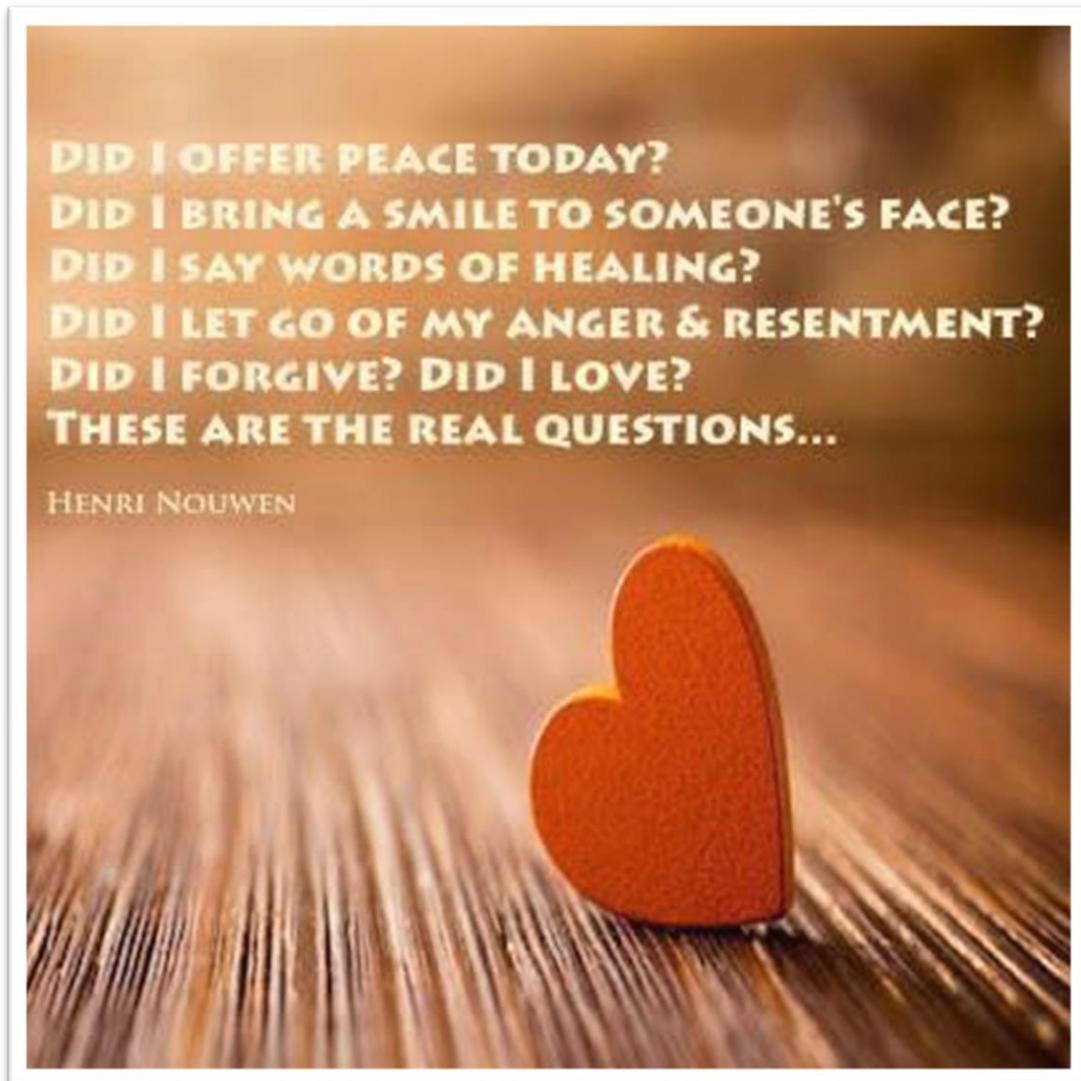




September-October 2021

Dates	Event	Religion / Spiritual Tradition	Things to know
6-8 September	Rosh Hashanah	Judaism	This is the Jewish New Year, which also commemorates the creation of the world, traditionally counted as being approximately 5,800 years ago. Occurs on the first and second days of the Hebrew month of Tishrei and is observed on both days in Orthodox, Conservative and Reconstructist congregations and on the first day only in Reform congregations. Usually occurs mid-September to mid-October. The greeting is "Happy New Year" (<i>Shana Tovah</i>).
15-16 September	Yom Kippur	Judaism	The Day of Atonement, on which one engages in reflection and prayer and formally repents for sins committed during the previous Hebrew year. Occurs on the 10 th day of the Hebrew month of Tishrei, which usually falls in late September to mid-October. The greetings for Yom Kippur are "Have an easy fast" or "Happy New Year," in Hebrew "Shana Tovah" ("shah-NAH toh-VAH"). Jews 13 or older are required to abstain from work and fast (no liquids or food) from the sundown down when Yom Kippur begins until nightfall of the following day.
20-27 September	Sukkot	Judaism	The Feast of Booths. An eight-day harvest holiday. day. This usually occurs in early or mid-October. A traditional greeting is "Happy holiday," or, in Hebrew, "Chag samayach" ("hahg sah-MAY- ahk"). Orthodox Jews in particular abstain from work during the first two

			days and last two days of the holiday, as do many Conservative Jews, while Reconstructionist and Reform Jews may abstain from work on the first and last days only.
4 October	St. Francis of Assisi	Christianity	This day celebrates and honors the Patron Saint of Animals, Saint Francis of Assisi. In remembrance of his love for all sensitive beings, people sometimes take their animal companions to church for a Blessing of the Animals.
31 October	Reformation Day	Christianity	Reformation Sunday commemorates October 31, 1517, the day on which Martin Luther is said to have nailed 95 statements of belief (called the "95 Theses") on the door of the Castle Church in Wittenberg, Germany.





If I take the wings of the morning
and dwell in the uttermost parts of the sea,
even there your hand shall lead me,
and your right hand shall hold me.

New Semester Ecumenical Service

Tuesday, August 17, 2021 --12 pm
Lobby
Lunch (please confirm)

PSALM 139:9-10

INTER OPTOMETRY
Chaplaincy Office



New Semester Ecumenical Service highlights

